

Check to see whether you're at risk of Bowel Cancer



UNDER 40	YOUR RISK?	WHAT YOU NEED TO DO?	HOW OFTEN?
A. No symptoms	Low risk	Screening > 50 years old	Depending on results of 1 st screen
B. Inflammatory bowel disease	Possible risk	Colonoscopy	Yearly – after 10 years of disease
C. Irritable bowel syndrome	Possible risk	Colonoscopy	Only to eliminate cancer risk
D. Blood in stool	Possible risk	Assessment & possible colonoscopy	ASAP
E. Previous cancer in bowel	High risk	Colonoscopy	2 yearly
F. Previous polyps	Moderate risk	Colonoscopy	3 yearly
G. Family history of bowel cancer (close relative at young age)	Higher Risk	Colonoscopy	4 yearly
40-49			
A. No symptoms	Low risk	Screening > 50 years old	Depending on results of 1 st screen
B. Inflammatory bowel disease	Possible risk	Colonoscopy	Yearly – after 10 years of disease
C. Irritable bowel syndrome	Possible risk	Colonoscopy	Only to eliminate cancer risk
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F. Previous polyps	Moderate risk	Colonoscopy	3 yearly
G. Family history of bowel cancer (close relative)	Higher risk	Colonoscopy	4 yearly
OVER 50			
A. No symptoms	Possible risk	Possible Colonoscopy; & discuss Flexible Sigmoidoscopy; Faecal Occult Blood Test	5 yearly
B. Inflammatory bowel disease	Possible risk	Colonoscopy	Yearly – after 10 years of disease
C. Irritable bowel syndrome	Possible risk	Colonoscopy	Only to eliminate cancer risk
D. Blood in stool	Possible risk	Assessment & possible colonoscopy	ASAP
E. Previous cancer in bowel	High risk	Colonoscopy	2 yearly
F. Previous polyps	Moderate risk	Colonoscopy	3 yearly
G. Family history of bowel cancer (close relative)	Higher risk	Colonoscopy	4 yearly